



Fast Cars and Other Risky Business



SHARE

your highs and lows

Break into pairs.
Listen carefully and record your partner's thoughts in the space provided. Then return to small group and share your friend's highs and lows.

MY HIGH THIS WEEK

MY LOW THIS WEEK

MY FRIEND'S HIGH THIS WEEK

MY FRIEND'S LOW THIS WEEK



READ

and highlight the theme verse in your Bible

"I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect."

Romans 12:1-2



TALK

about how the Bible reading might relate to your highs and lows

Choose from the options below to enrich your Talk Time. Invite group members to take turns leading one or more of the following:

IMAGES

1. Choose either the cover photo, cartoon or painting by Dr. He Qi (back page).
2. Where are you in this work of art?
3. How might the art and the theme verse relate to each other?
4. How might the art relate to your highs and lows?

ROLE PLAY

Assign roles and take turns acting out the following:

1. A friend's parent is driving like an idiot and risking the lives of everyone in your car pool. You want to be respectful, but you don't want anyone to get hurt. How do you approach this person?
2. Write five types of risky behaviors that people your age regularly engage in on five separate sheets of paper. Fold the papers and choose one. Act out an intervention. One person is involved in the risky behavior. Two try to stop them.

QUESTIONS TO PONDER

1. What is the best gift you ever were given? How did you thank the giver? How did you treat the gift? How does this relate to God?
2. What are the five riskiest things kids your age do on a regular basis? Why do they do them?
3. Search Institute reports 47% of teens who get drunk every weekend don't like what they drink. Why would they do something they don't like? Is this a form of self-abuse? Why or why not?

QUOTATIONS

Choose a quotation (right column) and share your thoughts and questions about it.

If anything is sacred, the human body is sacred.

Walt Whitman

I don't know! I don't know why I did it, I don't know why I enjoyed it, and I don't know why I'll do it again!

Bart Simpson

Transformation literally means going beyond your form

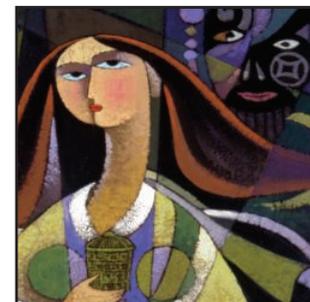
Wayne Dyer

The only real rule you need form making most of life's decisions: Don't be dumb.

Monty Lysne

It is our choices that show what we truly are, far more than our abilities.

J. K. Rowling



Write a definition...

SACRIFICE

CONFORM

TRANSFORM

WILL

RISK



Mary Magdalene by Dr. He Qi (www.heqigallery.com)



PRAY
for one another's
highs and lows

Gather in a circle. Praise and thank God for your highs. Ask the Holy Spirit to be with you in your lows. Pray for your friend's highs and lows and for your world. Close in Jesus' name.

Prayers for Highs

Prayers for Lows



BLESS
one another

Trace the sign of the cross on one another's foreheads or palms.

**REMEMBER
1 THING**

Take care of your body—it is a gift. Don't take risks that could endanger such a gift.

