



The Resurrection



SHARE

your highs and lows

Break into pairs.
Listen carefully and record your partner's thoughts in the space provided. Then return to small group and share your friend's highs and lows.

MY HIGH THIS WEEK

MY LOW THIS WEEK

MY FRIEND'S HIGH THIS WEEK

MY FRIEND'S LOW THIS WEEK



READ

and highlight the theme verse in your Bible

"Very early on the first day of the week, when the sun had risen, they went to the tomb..."

Mark 16:2-3



TALK

about how the Bible reading might relate to your highs and lows

Choose from the options below to enrich your Talk Time. Invite group members to take turns leading one or more of the following:

IMAGES

1. Choose either the cover photo, cartoon or painting by Dr. He Qi (back page).
2. Where are you in this work of art?
3. How might the art and the theme verse relate to each other?
4. How might the art relate to your highs and lows?

ROLE PLAY

Assign roles and take turns acting out the following:

1. A friend says, "I don't believe Jesus rose from the dead. Either he wasn't really dead, or his disciples stole the body and made up a story." Respond.
2. A friend says, "I don't believe in eternal life. When you're dead, you're dead. You are just a bunch of atoms, and when you die they fall apart and turn into something else." Respond.

QUESTIONS TO PONDER

1. Have you ever lost anyone close to you and attended their funeral? What went through your mind? Are you afraid of death? Why or why not?
2. How can some people be brave in the face of death, while others are terrified?
3. All Mary had to hear was her name to know that Jesus was alive. Do you know Jesus is alive? Do you hear the living God calling your name?

QUOTATIONS

Choose a quotation (right column) and share your thoughts and questions about it.

Joy is the serious business of heaven.

C.S. Lewis

Don't go to your grave with a life unused.

Bobby Bowden

The resurrection of Christ is the world's best return performance.

Audrey Meadows

I believe that Christ died for me because it is incredible; I believe that He rose from the dead because it is impossible.

Unknown

If I didn't know the Lord I wouldn't be caught dead.

Bumper Sticker



Write a definition...

DEATH

EASTER

HOPE

LIFE

RESURRECTION



The Empty Tomb by Dr. He Qi (www.heqigallery.com)



PRAY
for one another's
highs and lows

Gather in a circle. Praise and thank God for your highs. Ask the Holy Spirit to be with you in your lows. Pray for your friend's highs and lows and for your world. Close in Jesus' name.

Prayers for Highs

Prayers for Lows



BLESS
one another

Trace the sign of the cross on one another's foreheads or palms.

**REMEMBER
1 THING**

The most startling and powerful evidence of the resurrection of Jesus Christ is the historical record of what took place immediately following the event. Hundreds of people swore they had seen Jesus alive after his crucifixion.



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