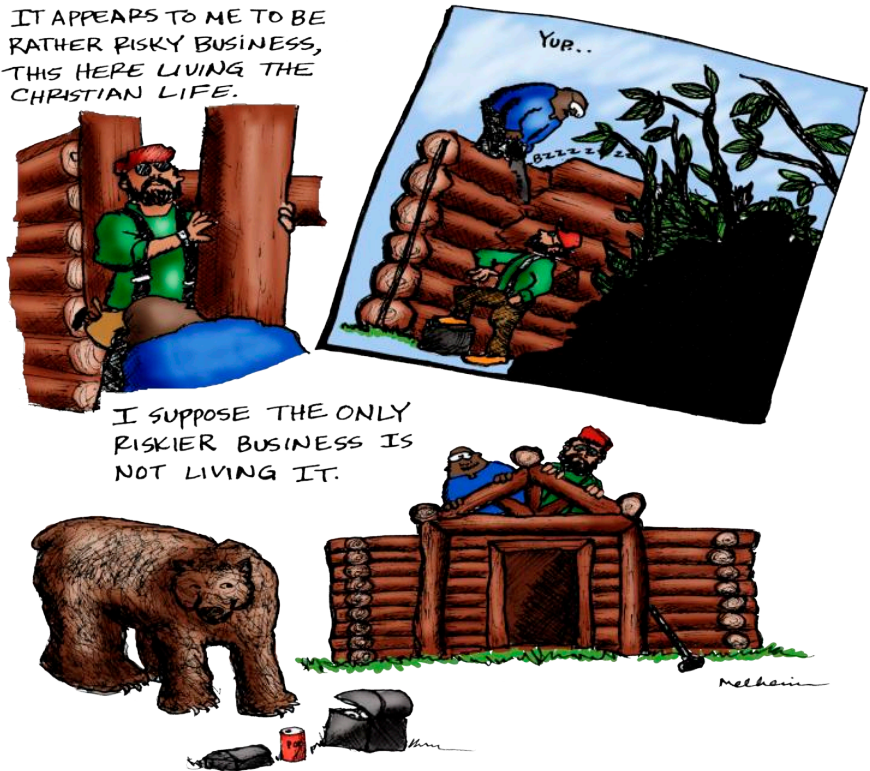




The Journeys of Paul

IT APPEARS TO ME TO BE
RATHER RISKY BUSINESS,
THIS HERE LIVING THE
CHRISTIAN LIFE.



SHARE

your highs and lows

Break into pairs.
Listen carefully and
record your partner's
thoughts in the space
provided. Then return
to small group and
share your friend's
highs and lows.

MY HIGH THIS WEEK

MY LOW THIS WEEK

MY FRIEND'S HIGH THIS WEEK

MY FRIEND'S LOW THIS WEEK



READ

**and highlight
the theme verse
in your Bible**

"Forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus."

Philippians 3:13b-14



TALK

about how the Bible reading might relate to your highs and lows

Choose from the options below to enrich your Talk Time. Invite group members to take turns leading one or more of the following:

IMAGES

1. Choose either the cover photo, cartoon or painting by Dr. He Qi (back page).
2. Where are you in this work of art?
3. How might the art and the theme verse relate to each other?
4. How might the art relate to your highs and lows?

ROLE PLAY

Assign roles and take turns acting out the following:

1. A friend is always bragging about her accomplishments. She puts other people down constantly and criticizes them when they do well in school or sports. Talk to her about this attitude.
2. Think of an old Paul, waiting in chains on the night before his execution. He is about to finish the race, but he is excited to finally gain the prize. Read the verse of the week once again, then have a conversation with him. What would you ask him? What might he say?

QUESTIONS TO PONDER

1. Why do some people seem to brag about everything they do? What motivates them?
2. Who is the most talented humble person you know? What motivates this person?
3. On his three missionary journeys, Paul was jailed, stoned, shipwrecked, beaten, hunted by death squads and imprisoned. What drove him to continue sharing his faith under such terrible conditions?

QUOTATIONS

Choose a quotation (right column) and share your thoughts and questions about it.

It is not the religious act that makes the Christian, but participation in the sufferings of God in secular life.

Dietrich Bonhoeffer

God only had one son and God made him a missionary.

David Livingston

More of you and less of me, yes, that's the way it's supposed to be...

Peder Eide

Skubala happens.

Bumper Sticker



Write a definition...

CALL

GRACE

HUMILITY

RIGHTEOUSNESS

SKUBALA



Peace, Be Still by Dr. He Qi (www.heqigallery.com)



PRAY
for one another's
highs and lows

Gather in a circle. Praise and thank God for your highs. Ask the Holy Spirit to be with you in your lows. Pray for your friend's highs and lows and for your world. Close in Jesus' name.

Prayers for Highs

Prayers for Lows



BLESS
one another

Trace the sign of the cross on one another's foreheads or palms.

**REMEMBER
1 THING**

Once Paul met Jesus, he went across the world telling everyone he could about him.



FAITH
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