

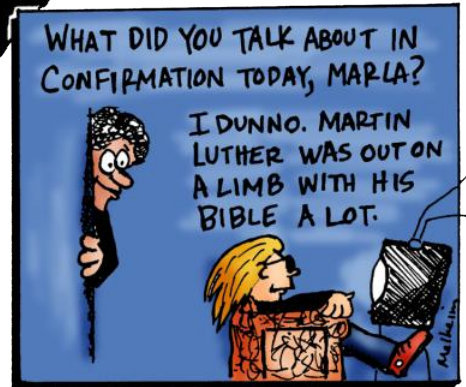


# The Bible and My Life

**M**ARTIN LUTHER ONCE SAID:  
"THE BIBLE IS A GREAT  
AND POWERFULL TREE. EACH WORD  
IS A MIGHTY BRANCH. EACH OF  
THESE BRANCHES I HAVE SHAKEN  
WELL, AND THE SHAKING OF THEM  
HAS NEVER DISAPPOINTED ME."



MARTIN LUTHER  
1483-1546



## SHARE

**your highs and lows**

Break into pairs.  
Listen carefully and  
record your partner's  
thoughts in the space  
provided. Then return  
to small group and  
share your friend's  
highs and lows.

MY HIGH THIS WEEK

MY LOW THIS WEEK

MY FRIEND'S HIGH THIS WEEK

MY FRIEND'S LOW THIS WEEK



## READ

**and highlight  
the theme verse  
in your Bible**

"All scripture is inspired by God and is useful  
for teaching, for reproof, for correction and for  
training in righteousness so that everyone who  
belongs to God may be proficient, equipped  
for every good work."

2 Timothy 3:16-17



## TALK

**about how the  
Bible reading  
might relate to  
your highs  
and lows**

Choose from the options below to enrich your Talk Time. Invite group members to take turns leading one or more of the following:

## IMAGES

1. Choose either the cover photo, cartoon or painting by Dr. He Qi (back page).
2. Where are you in this work of art?
3. How might the art and the theme verse relate to each other?
4. How might the art relate to your highs and lows?

## ROLE PLAY

Assign roles and take turns acting out the following:

1. A friend says, "I know I should take time for devotions, but I'm just so busy all the time. I honestly can't schedule in one more thing in my life right now. I am sure God understands. It's just too hectic." Respond.
2. A friend wants to start reading the Bible. She asks where you suggest she should start. Give her some advice.

## QUESTIONS TO PONDER

1. If you believed an intelligent life form from another planet had written a message to give you wisdom, insight into life and instructions on how to live forever, would you be curious enough to study the instructions? Why or why not?
2. Has the Bible ever spoken to your heart? When and how?
3. Of all the verses covered this year, which is your favorite? Write it here:

## QUOTATIONS

Choose a quotation (right column) and share your thoughts and questions about it.

*It ain't those parts of the Bible that I can't understand that bother me, it's the parts that I do understand.*

**Mark Twain**

*No one ever graduates from Bible study until he meets the Author face to face.*

**Everett Harris**

*If you carry the Bible when you are young, it will carry you when you are old.*

**Unknown**

*Keep an open Bible, an open dictionary and an open mind.*

**Bumper Sticker**

*It's the Bible. You get credit for trying.*

**Pirate with the Wooden Eye**  
(from *Pirates of the Caribbean*)



Write a definition...

**INSPIRED**

**RIGHTEOUSNESS**

**REPROOF**

**SCRIPTURE**

**PROFICIENT**



Three Kings Sleeping by Dr. He Qi ([www.heqigallery.com](http://www.heqigallery.com))



**PRAY**  
for one another's  
highs and lows

Gather in a circle. Praise and thank God for your highs. Ask the Holy Spirit to be with you in your lows. Pray for your friend's highs and lows and for your world. Close in Jesus' name.

**Prayers for Highs**

**Prayers for Lows**



**BLESS**  
one another

Trace the sign of the cross on one another's foreheads or palms.

**REMEMBER  
1 THING**

The Bible is God's inspired Word and a valuable aid for faith and life.



**FAITH**  
INKUBATORS

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